

# C.P. Adams DGC

## Hastings, MN



Hole	White Tee				Blue Tee						
	Dist.	Elev.	Dist.	Elev.	Dist.	Elev.	Dist.	Elev.			
1	250	-7	305	-5	1	345	-8	400	-6	480	-12
2	210	+3	210	+3	2	285	+2	285	+2	285	+2
3	240	-1	315	-6	3	535	+1	610	-4	610	-4
4	295	-3	370	-7	4	500	-9	580	-13	580	-13
5	205	-12	255	-16	5	220	+14	270	+11	330	+7
6	170	+8	240	+9	6	320	+18	390	+19	390	+19
7	225	+5	225	+5	7	270	+7	270	+7	270	+7
8	255	+6	315	+7	8	435	+10	495	+11	495	+11
9	165	-4	235	-4	9	270	-5	340	-6	340	-6
10	160	+5	180	+3	10	285	+5	300	+3	355	+7
11	180	-2	240	-3	11	350	-2	410	-3	530	-8
12	270	-	380	+5	12	430	+1	540	+6	595	+8
13	255	+10	305	+12	13	335	+13	380	+15	380	+15
14	210	-50	255	-57	14	235	-53	275	-60	275	-60
15	175	+35	175	+35	15	215	+46	215	+46	215	+46
16	225	-9	285	-11	16	380	-16	445	-18	445	-18
17	240	+2	355	+3	17	490	-15	610	-14	610	-14
18	240	-3	240	-3	18	340	-1	340	-1	340	-1
19	220	+15	300	+19	19	530	+18	610	+22	680	+25
20	185	-5	250	-12	20	330	-10	400	-17	400	-17
21	185	-3	315	-3	21	275	-15	400	-15	455	-15
<b>Total:</b>	<b>4,560</b>		<b>5,750</b>		<b>Total:</b>	<b>7,375</b>		<b>8,565</b>		<b>9,060</b>	

### RECREATIONAL RULES OF DISC GOLF

#### OBJECTIVE

One stroke is counted each time the disc is thrown and when a penalty is incurred. The goal is to play each hole in the fewest strokes possible. The player with the lowest total strokes for the entire course wins.

#### SAFETY FIRST

Never throw when players or park users are within range. Always give park users the right of way. Be aware of your surroundings and environment.

#### TEE THROWS

Each hole begins with a tee throw. A player must be within or behind the designated tee area when the disc is released.

#### THROWING ORDER

The player with the least number of strokes on the previous hole is the first to tee off on the next hole. After teeing off, the player

whose disc is farthest from the basket always throws first.

#### LIE

The lie is the spot where the player's previous throw has landed. Mark lie with a mini disc in front of the thrown disc, or leave the thrown disc in place. A disc that comes to rest above the playing surface is marked directly below the disc.

#### FAIRWAY THROWS

Fairway throws must be made from directly behind the lie. A run-up and normal follow-through after release is allowed, unless the lie is within 10 meters (33 feet) of the basket.

#### MANDATORY ROUTE

A mandatory route "mando" is designated by a white arrow on a tree or mando sign. A disc must pass in the direction the arrow indicates. Failure to do so results in a 1-stroke penalty. Next throw must be from the current lie or drop zone (white tee).

#### PUTTING

Any shot within 10 meters (33 feet) of the basket is a putt. No contact is permitted beyond the lie (no follow-through). A player must demonstrate full control of balance before advancing past the lie.

#### COMPLETION OF HOLE

A disc that comes to rest in the basket or chains constitutes successful completion of that hole. A disc resting on top of the basket is deemed incomplete and must be played until previous conditions are satisfied.

#### BIKE PATH

When disc lands on the bike path it is considered casual relief (player is not penal-

ized with extra stroke). When landing on the bike path player must move disc off the path 1 meter (3ft 3in). This is your new lie.

#### OUT OF BOUNDS

If any area of Out of Bounds (OB) is visible between the disc and OB line, then the disc is considered OB and the player must take an extra stroke. A throw that lands out of bounds must be played from a point 1 meter (3ft 3in) in bounds from where the disc went OB or from the previous lie. OB areas include the parking lot and main road (18th Street) and crossing over the fence along the right side of #4 fairway.

#### COURSE COURTESIES

Remain quiet and avoid unnecessary movements while others are throwing.

- Stand behind the player who is throwing until throw is complete.

- Remove disc from basket after completing the hole.

- Help new players learn the rules.

- Allow faster groups to play through when possible.

- Pick up trash and put in proper receptacles.

- Do not alter the course in any way (trees, bushes, etc.).

- For complete rules visit:

[pdga.com/rules](http://pdga.com/rules)

#### MOST IMPORTANT

Fly Straight!

Fly High!

Fly Far!

Have Fun!



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